



MIDLAND SWIMMING
2017 AGE GROUPS & MASTERS
OPEN WATER CHAMPIONSHIPS

(under ASA Laws and Regulations and FINA Technical Rules of Open Water Swimming)

BOSWORTH WATER
BOSWORTH, NEAR HINCKLEY, LEICESTERSHIRE
SUNDAY 2nd JULY 2017



IMPORTANT

Entry & payment for this year's Championships is On-line only
No other method of entry will be accepted

To enter go to: www.midlandchampionships.org.uk

ENTRIES CLOSE ON 17th June

Email enquiries to: openwater@midlandchampionships.org.uk

Please be aware that by entering on-line you are accepting the conditions and disclaimer in this entry pack even though the documents are not signed.

	Schedule (see conditions for eligibility, age groups and awards)
EVENT 1	5000m Register by / Briefing 9:00am – Start Time 10:00am
EVENT 2	3000m Register by / Briefing 9:00am – Start Time on completion of 5K
EVENT 3	1500m Register by / Briefing 10:30am – Start Time on completion of 3K

Competitors placed first, second & third in an ASA, SASA or WASA Regional Open Water Championship, being a member of a club in that Region, who does not achieve entry by means of a pool based swim, may also enter the Open Water National Age Group Championships providing the distance swum is equivalent to that to be swum at the Open Water National Age Group Championships for that age group.

As the Midland Open Water is a combined ASA East Midland and ASA West Midland Regions then the results are separated for the purposes of entry to the National Championships.



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CONDITIONS

General:

1. The promoter is the Joint Open Water Sub-Committees of the East Midland and West Midland Regions.
2. Entering this event through the on-line entry process denotes acceptance of these conditions and the DISCLAIMER statement in the entry pack, even though these documents are not signed.
3. The promoter reserves full powers over the Midland Age Group & Masters Open Water Championships ("the Championships") including but not limited to cancelling, postponing or changing the Championships venue and/or format due to reasons beyond its reasonable control.
4. The Championships shall be held under ASA Laws and Regulations and FINA Technical Rules of Open Water Swimming.
5. A competitor may only enter ONE event.
6. A competitor must be a registered member, or equivalent, of the club in whose name he/she is entered, at the date of making the initial entry. The club must be offered by the online entry system.
7. Overseas competitors will be accepted if they are from one of the countries affiliated to FINA.
8. Ages as at: 31st December 2017
9. Entry Fee: £12
10. A cut off time limit of 30 minutes after the first competitor in each competition has finished shall operate.
11. Registration: Competitors MUST sign in at the registration desk at the appropriate time.
12. Any competitor representative (coach/ team manager/ chaperone) not attending the briefing will result in the competitor NOT being allowed to swim.
13. Competitors must have their number displayed on their back or upper arms AND MUST WEAR THE NUMBERED HAT PROVIDED.
14. **Water Temperature & Swimwear**
In accordance with FINA Technical Rules of Open Water Swimming, rule BL 8:
 - (a) Water Temperature 20 degrees or above: Swimming costumes must comply with FINA requirements (FINA rule BL 8.4)
 - (b) Water Temperature 18-19.9 degrees: Competitors may choose to wear a Wetsuit or a swimming costume. Both must comply with FINA requirements (FINA rule BL 8.5).
 - (c) Water Temperature 16-17.9 degrees: Competitors must wear a FINA approved Wetsuit (FINA rule BL 8.5).
15. **Swim Gear:** No competitor shall be permitted to use or wear any device, which may be an aid to their speed, endurance or buoyancy. Goggles, cap, nose clip and earplugs may be used. Only one swimming costume is allowed.
16. **Grease:** Competitors shall be allowed to use grease or other substances providing these are not deemed as excessive, in the opinion of the Referee.
17. **Safety and Conditions:**
 - (a) Water temperature will be monitored in the run up to the Championships.
 - (b) On the day of the Championships, prior to the start of the competition, the course will be inspected and water temperature measured to ensure all of the safety requirements are met and the conditions are suitable for staging the Championships.
 - (c) Reasonable modifications may be made to the course or the manner in which the Championships is conducted based on the conditions at the time.
17. **Cancellations:**
 - (a) If the conditions are deemed to be unsuitable and not safe at the Championships, a decision may be made to cancel or stop the Championships.
 - (b) Full refunds of entry fees to the Championships will be offered to all competitors.
 - (c) No refunds will be offered for any other expenses incurred in relation to the Championships.
18. Anything not covered by these conditions shall be decided by the promoter.



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Age Groups:

- Age Groups and Distances are the same as for National qualification:

Male/Female	12,13,14yrs	- 1.5km	(minimum age 12yrs)
	15,16yrs	- 3km	(minimum age 13yrs)
	17 & over	- 5km	(minimum age 13yrs)
- Medals shall be awarded to the first 3 male and female swimmers in the following age groups:-
12, 13, 14, 15, 16, 17/18, 19 +

Masters:

- Masters swimmers may enter either 3km or 1.5km.
- Medals shall be awarded to the first three male and first three female swimmers in the age groups:
19-24, 25-29, 30-34, 35-39, 40-49, 50-59, 60+

DISCLAIMER

- Entering this event through the on-line entry process denotes I have read and understood the following provisions and agree to abide by them.
- I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health.
- I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Open Water Swimming/Masters Swimming events or any other associated activities. Accordingly, I hereby certify that I am physically fit and well to participate in any such training and events.
- I am aware of and appreciate the inherent risks involved in such training and competition including the possibilities of injury and accident. I undertake to always conduct myself in a responsible and professional manner.
- I undertake at all times to use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
- I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards safety.
- I acknowledge that during Open Water Swimming/Masters Swimming events the Midland Championships cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.
- I hereby agree to abide by and be governed by the rules of the Amateur Swimming Association and all other laws and regulations applicable including the ASA Safety Laws and the Conditions of the Midland Championships.