



**MIDLAND SWIMMING**  
**2016 SHORT COURSE CHAMPIONSHIPS**  
(Combining the ASA East Midland and ASA West Midland Regions)  
**Nottingham – Harvey Hadden Sports Village**  
**Saturday 5<sup>th</sup> & Sunday 6<sup>th</sup> November**  
(Under ASA Laws and ASA Technical Rules of Swimming)  
License 2EM162223



### **General Conditions**

1. The promoter is the joint committee of the East Midland and West Midland Regions.
2. The 'website' referred to in these conditions is [www.midlandchampionships.org.uk](http://www.midlandchampionships.org.uk)
3. The meet shall be swum as an Open Championship incorporating a Junior Championship and Midland Team Championships
4. A junior shall not have reached their 16<sup>th</sup> birthday by the last day of the Championship.
5. The Junior Champion shall be the best placed junior in the final, or failing a junior being in the final, the junior returning the fastest time in the heats. Runner-up and third placed junior shall be judged on the same principle.
6. All events shall have heats and finals except the 800m and 1500m Freestyle which shall be heat declared winners.
7. The 800m and 1500m shall be limited to the fastest 16 swimmers (2 heats) with 3 reserves.
8. Para-Swimmers swim integrated with able bodied swimmers. Supplementary conditions and qualifying times are set Nationally by the Para-Swimming pathway group and are available on the website.
9. A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the team events.
10. A swimmer must have been a member of the club in whose name he is entered and must have been registered as such with the ASA at least 60 days prior to the first day of competition.
11. A swimmer's age is as at 31<sup>st</sup> December in the year of competition.
12. Qualifying times must be achieved in a licensed meet L1,2 or 3 since the 1<sup>st</sup> January 2016. Swimmer entry times must be downloaded from GB Ranking using the Entry Manager software provided. Where converted times are allowed conversion is carried out automatically by the Entry Manager software, this is taken as the accepted value and no other method of conversion shall be used. Subsequent improved times will not be accepted.
13. Entries must be submitted by a club coordinator in accordance with the procedure defined in the entry pack available on the website. All entries shall be received by the event administrator by the closing date and accompanied by the appropriate entry fee.



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14. Should the meet be oversubscribed the promoter reserves the right to reject the slowest competitors taking into account the age groups and overall length of each session.
15. The first three swimmers in each championship shall each receive a suitable award.
16. The winner of each championship shall be entitled to hold the trophy where provided. A receipt shall be given with an undertaking that reasonable care will be taken of the trophy and that it will be returned as and when required.
17. A swimmer failing to comply with any of the foregoing conditions shall not be allowed to compete in the championship.
18. Protests shall be made and dealt with as detailed in ASA Law.
19. Any question arising, for which these conditions do not provide shall be determined by the Promoter.

**TEAM SWIMMING CONDITIONS**

1. The Midland Team races shall be 4 x 100m Freestyle and 4 x 100m Medley with separate events for male and female.
2. Teams consist of four swimmers from any club affiliated to the East Midland or West Midland Regions. At least 2 members of each team must hold a Midland qualifying time in at least one individual event.
3. Only one team may be entered in each event.
4. The result of all team events shall be decided by heat declared winners.
5. A team declaration form must be handed in to the Recorders by the specified time given in the pre-meet information and on the team declaration forms provided. Teams not complying with this instruction will lose their right to compete.
6. The winning team in each event shall be entitled to hold the Team Championship Trophy. A club representative shall give a receipt with an undertaking that reasonable care will be taken of the trophy and that it will be returned as and when required.
7. The second and third placed teams shall receive suitable awards.
8. A club failing to comply with any of the foregoing Team Swimming conditions shall be disqualified from the competition.