



Midlands



WINTER SHORT COURSE CHAMPIONSHIPS 2018

(Combining the East Midland and West Midland Regions)

Nottingham – Harvey Hadden Sports Village

Saturday 3rd & Sunday 4th November

(Under ASA Laws and ASA Technical Rules of Swimming
including World Para-Swimming rules and regulations as appropriate)

License Level 2 – 2EM182245 - WPS Approval TBC

Supplementary Para-Swimming Conditions

ENTRIES MUST BE SUBMITTED ELECTRONICALLY BY A CLUB ADMINISTRATOR USING THE SPORTSYSTEMS ON-LINE ENTRY SYSTEM

These Supplementary Conditions are to be adhered to in conjunction with the General Conditions and Entry Conditions for the Regional Championships available to download from the website.

Please see the main schedules for the Gala and Session where the events below will take place

EVENTS	Male	Female
50m Freestyle	S1-S14	S1-S14
100m Freestyle	S1-S14	S1-S14
200m Freestyle	S1-S5 & S14	S1-S5 & S14
400m Freestyle	S6-S14	S6-S14
50m Backstroke	S1-S5	S1-S5
100m Backstroke	S1,S2 & S6-S14	S1,S2 & S6-S14
50m Breaststroke	SB1-SB3	SB1-SB3
100m Breaststroke	SB4-SB9, SB11-SB14	SB4-SB9, SB11-SB14
50m Butterfly	S1-S7	S1-S7
100m Butterfly	S8-S14	S8-S14
200m Individual Medley	SM5-SM14	SM5-SM14

Eligibility

- All competitors must hold an authorised IPC, British Swimming, INAS-FID or British Blind Sport Classification, which is held on the British Swimming or IPC classification database at the time of entry
- **Minimum age is 11yrs as at 31st December 2018.**
- Qualifying times must have been achieved between 1st January 2018 and the closing date for entries.
- All classes of swimmers will swim together (Multi-Class) and integrated with able bodied swimmers.
- All events are heat declared winners.

Accreditation

Coaches and personal care attendants must have accreditation and will be required to purchase a poolside pass. Personal care attendants will only be permitted for competitors in accordance with World Para-Swimming guidelines. Passes must be obtained prior to the day of meet using the application form on the website.

Medals

Medals shall be awarded on a multi-classification basis to 1st, 2nd and 3rd placed competitors based on the British Para-Swimming Points system. If less than four swimmers participate in any one event then a minus one ruling shall apply. Should there only be one swimmer taking part the time swum will be compared to the swimmer's all-time best time on the British short course rankings and a medal awarded for bettering this time

	MALE	FEMALE		MALE	FEMALE
50m FREESTYLE			50m BACKSTROKE		
S1	02:19.52	02:14.58	S1	02:22.06	03:37.46
S2	01:44.05	01:54.27	S2	01:39.44	02:24.32
S3	01:18.94	01:16.24	S3	01:21.22	01:31.49
S4	01:06.51	01:05.97	S4	01:16.22	01:37.82
S5	00:56.34	01:02.38	S5	01:05.18	01:16.50
S6	00:50.99	00:57.89	100m BACKSTROKE		
S7	00:46.48	00:54.30	S1	04:58.10	07:10.90
S8	00:44.74	00:49.97	S2	03:36.10	05:43.34
S9	00:41.62	00:47.17	S6	02:10.11	02:32.40
S10	00:38.77	00:45.63	S7	01:59.12	02:22.91
S11	00:43.65	00:50.03	S8	01:50.21	02:06.80
S12	00:39.92	00:46.53	S9	01:45.92	01:53.54
S13	00:39.58	00:45.18	S10	01:39.26	01:54.06
S14	00:40.64	00:45.66	S11	02:05.50	02:15.30
100m FREESTYLE			S12	01:40.56	01:59.84
S1	05:19.82	06:39.41	S13	01:41.02	01:50.37
S2	04:11.02	05:28.18	S14	01:42.02	01:50.48
S3	03:11.47	03:08.05			
S4	02:23.84	02:21.60			
S5	02:07.44	02:42.02	50m BREASTSTROKE		
S6	01:51.26	02:03.38	SB1	02:51.89	03:37.31
S7	01:44.13	02:00.32	SB2	01:38.85	04:27.89
S8	01:37.90	01:47.50	SB3	01:17.47	01:40.32
S9	01:31.60	01:41.95	100m BREASTSTROKE		
S10	01:24.14	01:38.80	SB4	02:56.02	03:18.54
S11	01:38.19	01:54.11	SB5	02:35.78	03:02.11
S12	01:28.93	01:40.93	SB6	02:18.59	02:49.74
S13	01:25.95	01:38.85	SB7	02:12.32	02:33.97
S14	01:26.90	01:39.54	SB8	01:58.54	02:14.83
200m FREESTYLE			SB9	01:53.60	02:05.76
S1	08:12.64	10:35.89	SB11	02:16.02	02:34.14
S2	08:17.94	11:07.74	SB12	01:56.74	02:11.12
S3	05:52.08	05:43.10	SB13	01:51.57	02:06.51
S4	05:09.95	05:30.42	SB14	01:49.28	02:04.32
S5	04:36.86	05:47.36			
S14	03:10.80	03:31.65			

	MALE	FEMALE		MALE	FEMALE
400m FREESTYLE			50m BUTTERFLY		
S6	08:45.25	09:12.06	S1	00:00.00	00:00.00
S7	07:49.60	09:03.89	S2	03:50.69	03:43.66
S8	07:27.58	07:57.23	S3	02:14.69	02:26.70
S9	07:00.45	07:45.70	S4	01:26.64	01:24.38
S10	06:44.48	07:32.13	S5	01:02.72	01:19.41
S11	08:00.27	09:08.24	S6	00:54.13	01:06.11
S12	07:42.18	08:31.71	S7	00:50.64	00:59.38
S13	06:51.58	07:36.51	100m BUTTERFLY		
S14	06:50.30	07:45.15	S8	01:44.54	02:07.76
200m IM			S9	01:39.68	01:51.36
SM5	06:35.55	06:15.73	S10	01:34.26	01:51.78
SM6	04:48.34	05:08.91	S11	01:49.74	02:37.73
SM7	04:24.94	04:59.14	S12	01:34.74	02:14.45
SM8	04:04.29	04:22.61	S13	01:33.89	01:44.82
SM9	03:45.60	04:16.43	S14	01:34.37	01:48.90
SM10	03:35.34	04:08.64			
SM11	04:10.77	05:00.27			
SM12	03:52.24	04:42.02			
SM13	03:43.68	03:54.59			
SM14	03:36.69	03:57.71			